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Six Senses Spa, Dominican Republic

Among these 19,000 square feet of tasteful Asian-accented serenity at the Punta Cana Resort & Club (see “Hot List”), the real standouts are the two large private treatment rooms on the beach, each with a palapa-style roof and its own bath. The Soul of Six Senses—Sensory Spa Journey (\$264) starts with a masseuse kneeling before you as she bathes your feet in a basin of water in which blossoms float. After a light exfoliation with salt and oil, you stretch out on the table while two therapists gently massage your face and feet, then administer hot compresses, brush your limbs, and massage in oils. Afterward, lounge on a daybed under a pergola, sipping ginger tea and contemplating the ocean beyond (809-959-7772; sixsenses.com; massages, \$88).

